

# Gender Specific Treatment

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# Best Practices for Gender specific treatment

- Best practices for substance abuse treatment says that treatment should be gender specific and have gender specific tracks.
- However, we know that this is not always feasible in tribal communities for a number of reasons:
  - Client numbers
  - Limited resources, providers etc...

# Screening and Assessment

The first point of every assessment should include identifying any needs the client may have while participating in Wellness Court.

1. Psychosocial assessment
2. Client centered
3. ACE's screening tool

# Topics to include in gender specific treatment

- What is gender?
- Sex and recovery
- Processing emotions/feelings
- Health
- Past trauma/abuse
- Relationships
- High risk/high need behaviors
- Boundaries

(cont.)

- Cross addiction
- Drug specific behaviors
- Cultural consideration

# Now lets talk about us...

- Recognize our own biases.
- Transference/countertransference
- Supervision available to staff issues

# How to implement this in your program

- Treatment planning
- Groups
- Utilizing community resources



Questions?