Themes and Recommendations

Key Informant Conversations and U.S. DHHS Technical Expert Meeting on SU Coercion: Issues to Consider



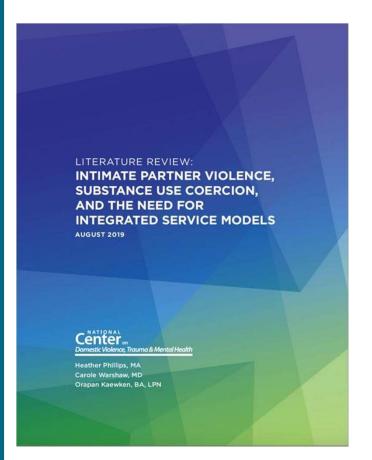
- Address Service and System Barriers
- Support Integrated Approaches
- Incorporate Responses to IPV and SU
 Coercion into Clinical Practice

- Promote Cross-Sector Collaboration
- Incorporate into Opioid Initiatives
- Support Research on SU Coercion
- Center the Voices of Survivors



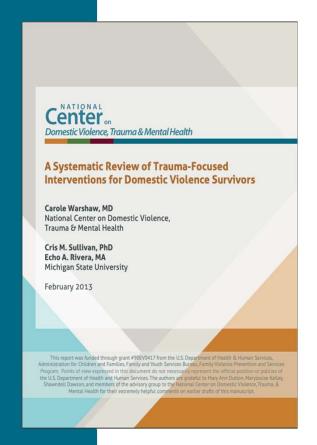


Encourage Referral to Integrated IPV and SUD Services



- 3 published studies suggest that coordinated and integrated services uniquely benefit survivors and are associated with decreased substance use and, in some instances, reductions in reported experiences of violence
- Integrated services have had limited uptake, highlighting the need to support the development and replication of integrated service models and community-level interventions.

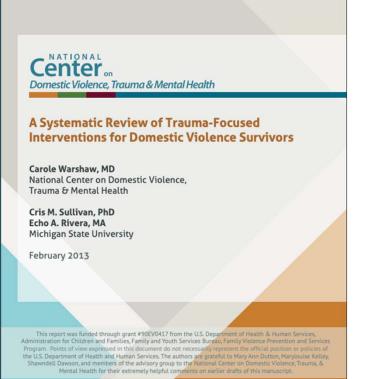
Offer Evidence-Based Practices that Address Substance Use, Trauma, and IPV



- Most trauma-informed and trauma-specific approaches focus on past trauma
- There are a handful of SUD treatment modalities that specifically address ongoing IPV
- There are also several treatment models for gender-based violence, trauma, and SUD that have been tested with IPV survivors
- None specifically address substance use coercion, although new models are emerging



Evidence-Based Integrated SUD and Trauma Treatment for Survivors of IPV

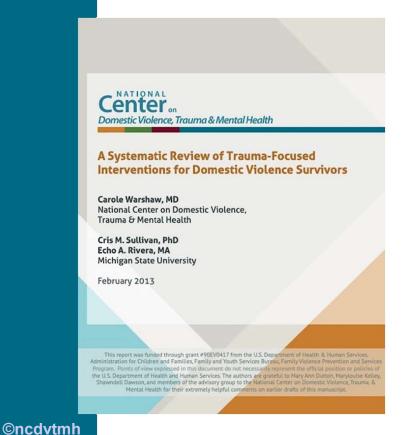


- Helping Women Recover (Covington, et al., 2008)
- Seeking Safety (Najavits, 2002)

For more information on EBP and IPV, see: A Systematic Review of Trauma-Focused Interventions for Domestic Violence Survivors

Enhancing Effectiveness for People Experiencing Relationship-Based Violence

Based on our systematic review, the following can enhance existing EBPs:



- Psychoeducation about the causes and consequences of IPV, including its traumatic effects
- 2. Awareness of mental health and substance use coercion and sabotaging of recovery efforts
- 3. Attention to ongoing safety
- 4. Cognitive and emotional coping skill development to address trauma-related symptoms and support goals
- 5. A focus on survivors' strengths as well as cultural strengths on which they can draw

Factoring in Mental Health and Substance Use Coercion: Implications for Family Courts

- Consider the role that mental health and substance use coercion may be playing in cases you are seeing
- Recognize "Red Flags:" Abusive partner raising MH or SU as an issue; Challenges following through with court required treatment and services



- Incorporate questions MH and SU coercion into assessments and factor into dispositions; Consider potential role of coercion in + drug screens for survivors and survivors' ability to meet court requirements
- Recognize IPV-related risks to recovery: Maintaining recovery may be difficult while experiencing coercion and threats to safety; Ultimatums, threats, and pressure not helpful to recovery; IPV, SU coercion, stress of leaving, and fear of losing children can impact relapse

Coercion Substance

When You Can Talk Privately



"People have shared with us that their (ex-)partner pressured them to use substances, use in ways that they didn't want to, or used their substance use as a way to control them. Using substances is a common way to deal with physical and emotional pain. If you can relate to any of this, know that we're here to help."

Common Forms of Substance **Use Coercion**

Introduction to or escalation of substance use

Forced use or withdrawal

Self-medication to cope

Sabotaging treatment access or recovery efforts

Using stigma to isolate, discredit, or threaten

Blaming abuse on use

Validate and Affirm

- None of this is your fault
- You deserve to be treated with dignity and respect, no matter what
- I believe you
- You are not alone

"Would it be helpful to talk about some safety strategies and resources?"





Collaboratively Strategize:

- Safe <u>communication</u> (telehealth, phone, mail, etc.)
- Stalking risk and appointment schedule
- Staying connected to services if pressured by a (ex-)partner to leave
- Maintaining control of <u>medication(s)</u>, including MAR/MAT
- Threats to disclose or subpoena <u>protected health information</u>
- <u>Legal documents</u> that enable a (ex-)partner or social contact to exert control over the person

Connect

National Domestic Violence Hotline: 1 (800) 799-SAFE and 1 (800) 787-3224 (TTY)

RAINN National Sexual Assault Hotline: 1 (800) 656-HOPE

StrongHearts Native Helpline: 1 (844) 7NATIVE

Love is Respect (for teenagers): 1 (866) 331-9474 and 1 (866) 331-8453

(TTY)

Additional Resources

Resources for Mental Health and Substance Use Treatment and Recovery Support Providers

At the National Center on Domestic Violence Trauma & Mental Health (NCDVTMH), one of our priorities is to support collaboration between the domestic violence (DV) field and the mental health and substance use disorder treatment and recovery fields. Our work is designed to enhance system responses to survivors of intimate partner violence (IPV) who are experiencing the mental health and substance use-related effects of IPV and other lifetime trauma. A 2012 study conducted by NCDVTMH in partnership with the National Association of State Mental Health Program Directors (NASMHPD) found that the majority of states who participated had a strong interest in further coordination and/or training on these issues.

The information that follows is intended to support mental health and substance use disorder treatment and recovery support providers in their work with survivors of IPV and their children. You will find toolkits, best practice guidelines, webinars, research reviews, and policy briefs to help inform your practice. These can be found below under:

www.NationalCenterDVTraumaMH.org





Coercion Related to Mental Health and Substance Use in the Context of Intimate Partner Violence:

A Toolkit for Screening, Assessment, and Brief Counseling in Primary Care and Behavioral Health Settings

Carole Warshaw, MD and Erin Tinnon, MSW, LSW March 2018



Center on

Domestic Violence, Trauma & Mental Health

A Systematic Review of Trauma-Focused Interventions for Domestic Violence Survivors

Carole Warshaw, MD
National Center on Domestic Violence,
Trauma & Mental Health

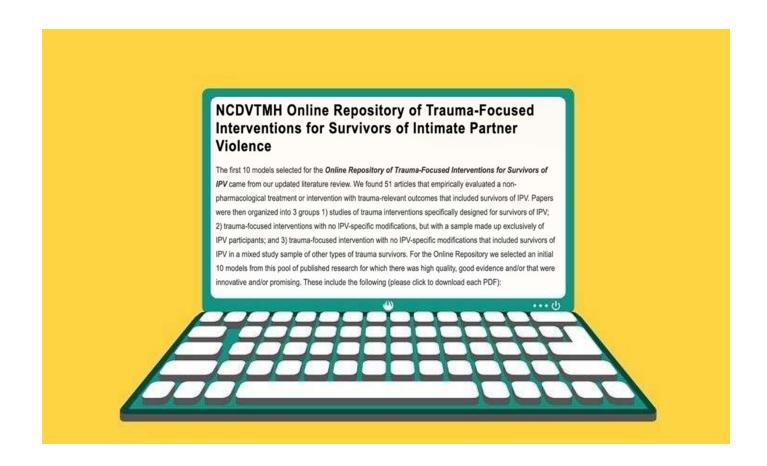
Cris M. Sullivan, PhD Echo A. Rivera, MA Michigan State University

February 2013

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NCDVTMH's Online Repository of IPV-Specific Interventions

<u>www.nationalcenterdvtraumamh.org/publications-products/ncdvtmh-online-repository-of-trauma-focused-interventions-for-survivors-of-intimate-partner-violence/</u>



NCDVTMH Resources

- Resources on Substance Use Coercion:
 http://www.nationalcenterdvtraumamh.org/2020/10/new-series-suc/
- Toolkit on Coercion Related to Mental Health and Substance Use in the Context of Intimate Partner Violence:

 www.nationalcenterdvtraumamh.org/publications-products/coercion-related-to-mental-health-and-substance-use-in-the-context-of-intimate-partner-violence-a-toolkit/
- Recommendations for Suicide Prevention Hotlines on Responding to Intimate Partner Violence:

 www.nationalcenterdvtraumamh.org/publicationsproducts/recommendations-for-suicide-prevention-hotlines-on-responding-tointimate-partner-violence/
- SAMHSA/ACF Information Memorandum Calling for Collaboration Between the Mental Health, Substance Use and DV Fields:

 bit.ly/DVcollaboration and Partners' Guide:

 health/

NCDVTMH Resources

Resources for Mental Health and Substance Use Treatment and Recovery Support Providers:

http://www.nationalcenterdvtraumamh.org/trainingta/resources-for-mental-health-and-substance-use-treatment-and-recovery-support-providers

Mental Health Treatment in the Context of Intimate Partner Violence:

https://link.springer.com/referenceworkentry/10.1007/978-3-319-62122-7 282-2

A Systematic Review of Trauma-Focused Interventions for Domestic Violence Survivors:

http://www.nationalcenterdvtraumamh.org/publicationsproducts/ncdvtmh-review-of-trauma-specific-treatment-in-thecontext-of-domestic-violence/

Online Repository of IPV-Specific Interventions:

www.nationalcenterdvtraumamh.org/publicationsproducts/ncdvtmh-online-repository-of-trauma-focusedinterventions-for-survivors-of-intimate-partner-violence/

National DV/SA Hotlines

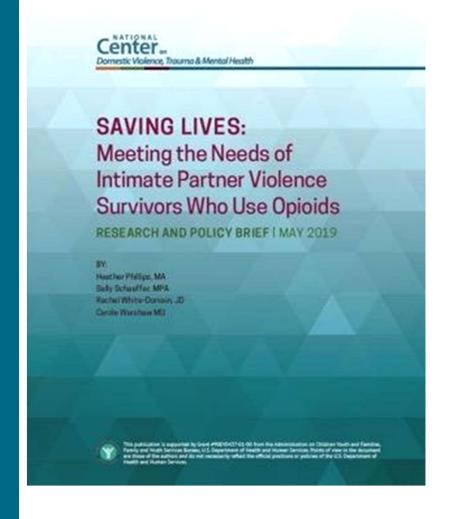




1-844-7NATIVE







SAVING LIVES:
Meeting the
Needs of
Intimate Partner
Violence
Survivors Who
Use Opioids



Recommendations for Suicide Prevention Hotlines on Responding to Intimate Partner Violence

National Center on Domestic Violence, Trauma & Mental Health

in Collaboration with: The National Domestic Violence Hotline, The National Suicide Prevention Lifeline, and The University of Rochester Laboratory of Interpersonal Violence and Victimization

Carole Warshaw MD Karen Foley MSW, CDP Elaine J. Alpert MD, MPH Norma Amezcua Nadia Feltes Catherine Cerulli JD, PhD Gillian Murphy PhD Patricia Bland MA, CDP Karen Carlucci MSW, LCSW John Draper PhD

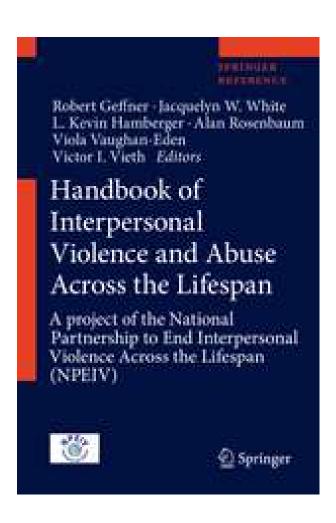
September 2018

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National Center on Domestic Violence, Trauma & Mental Health @ NCDVTMH 2018

Recommendations for Suicide Prevention Hotlines on Responding to Intimate Partner Violence





Mental Health Treatment in the Context of Intimate Partner Violence

Warshaw & Zapata-Alma, 2020

Resource: NCDVTMH's COVID-19 Hub

www.nationalcenterdvtraumamh.org/trainingta/covid/

COVID-19

RESOURCES & UPDATES

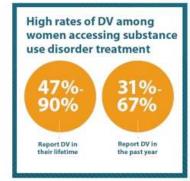
In response to the current national emergency, NCDVTMH will continue to provide updates, resources, and tip sheets to support domestic violence and sexual assault advocacy organizations and coalitions in responding to the trauma, mental health, and substance use-related needs of survivors and their families.

Click to View Resource Hub

NCDVTMH Partners' Guide

Infographics

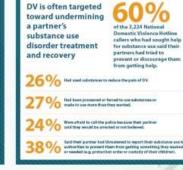
Spread the word! Use the following graphics (attached along with this Partner Guide) on social media.













Center on Domestic Violence, Trauma & Mental Health



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New York State Coalition Against Domestic Violence
(NYSCADV)
lcastelle@nyscadv.org

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