

Need	Goals	PROGRAM	Strategies & Activities	“If-Then” Statements/Theory of Change	Outcomes
All Veterans on/off reservation	Help reintegrate veterans into a healthy sober lifestyle successfully.	1.Life Skills curriculum for veterans and families 2. Community readiness assessment	<ol style="list-style-type: none"> 1. Identify veterans through benefit fairs. 2. Conduct training for TBI & Suicide Prevention, Mental Health First Aid. 3. Incorporate PM program presentations that are culturally appropriate. Help veterans with coping skills, teach ceremonies, manage emotions, improve family relationships, communications skills, avoiding risk taking, harm reducing and etc. 4. Peacemaking Talking Circles. 5. Coordinate Educational sessions on families and PTSD. 6. Coordinate with VA families and Psychologist. 7. Group-CBT- Journaling 8. Chapter – Honoring Veterans 9. Community dinner – Bike Run 10. Breakfasts – Meet and Greets with other veterans 11. Spending more time with family 12. Retreat- emotional regulation, education about traditional healing for veterans. 12. Develop self help guide for veterans. 13. Connect with housing programs and shelters, - 14. Educate youth at High School Level about the traditional teachings of joining the military 15. Strengthen the Carl D. Hayden Traditional healing program with VA for veterans – (funding stream through Navajo Nation). For VA enrolled veterans. 16. Develop “orientation” materials for veterans and families – recorded virtual 	<p>If VJO coordinator coordinates a prevention program for veterans and families then there is participation and engagement will be identified.</p> <p>If veterans and families can be identified then life skills can be implemented.</p> <p>If life skill is implemented you will see a healthy and functioning veteran and family.</p>	<p>Short Term: Program participation sobriety increased skills in emotional regulation and family participation.</p> <p>Long Term: Sobriety more than 30 days Maintenance of successful relationship Regain self-respect and communication</p>

			<p>resource fair (u tube video), brochure, web page, etc.</p> <p>17. Designated place in Indian Health services facilities for veterans to distribute information</p>		
<p>Services for veterans who are justice involved</p>	<p>Heal the person Reduce or prevent recidivism in justice involved activities Enhance family stability Help veteran reintegrate into the community</p>		<ol style="list-style-type: none"> 1. Identify veterans work with probation, parole, corrections, courts, shelters, VA, NMDVS, VSO 2. Conduct social and family summary/assessment for service needs 3. Develop Case Management Plan 4. Develop MOU with appropriate stable 5. Incorporate PM program in interventions. 	<p>If the VJO coordinator does outreach then veterans will be located. If veterans are located then be assessed for needs then they will receive services. If the vet received services, then they will be less likely to commit offenses against self, family, and community</p>	<p>Short Term Increase knowledge of resource and services Support and benefits Increase knowledge of K'e Increase knowledge of how to seek help Educate how to upgrade discharge</p> <p>Long Term Increase skills in advocacy for self and regain self-respect</p>

					Change attitude and behavior for healthy living.
Interventions for Homeless veterans	Goal: Link veteran with shelter or efforts to get a stable home.	<ol style="list-style-type: none"> 1. VA services 2. State services 	<ol style="list-style-type: none"> 3. Identify homeless veterans through various social agencies. 4. Work with VA and supporting agencies. (Camille Lopez, LISW, veterans justice outreach) (Veterans Integration Center) 5. Work with state Veterans departments to connect homeless veterans. 	If the veteran is identified for shelter services, then they are more likely to have emotional stability. If they have emotional stability then they will find support services.	Veteran learns skills to address homelessness