

# Reconnecting to Our Roots





## LOST IN ADDICTION

- When someone is lost in addiction, they lose their values, teachings, sense of culture, and trust within their family as well as the community.

Helping participants connect or reconnect is one of our main goals.



# ADDICTION AND RECOVERY



# CONNECTION/RECONNECTION

- Connectivity is important to us a people.
- Talking with an elder or cultural leader is one way to get connected to our Culture/teachings.





# Elder Teachings

- There is a lot of value in talking with our elders and cultural leaders. It can help establish or rebuild a relationship, potentially build a support person, help build trust within the community, and it helps the participant learn or reconnect with the Tribe, culture, and traditions.

# EXAMPLE OF AN INTERVIEW

Here are some example questions for the interview:

1. Date of interview.
2. Full name of interviewee.
3. Age of interviewee.
4. What family does the interviewee come from? Who are their parents and grandparents?
5. Any other questions that would like to know.

A scenic landscape featuring a bright sun in a blue sky, a misty lake, and a small boat with people in the distance. The sun is positioned in the upper center of the frame, casting a glow over the scene. The sky is filled with wispy clouds. The lake is calm, with a layer of mist rising from the water. In the distance, a line of trees is visible on the horizon. A small boat with several people is on the water, moving towards the right. The overall atmosphere is serene and peaceful.

# SETTING UP THE PROCESS

We will now help you walk through the process of setting up a similar program.

# Thank you!

- Mandi Moon
- [mandi@pgst.nsn.us](mailto:mandi@pgst.nsn.us)
- Valarie Ogle
- [vjones@pgst.nsn.us](mailto:vjones@pgst.nsn.us)

