

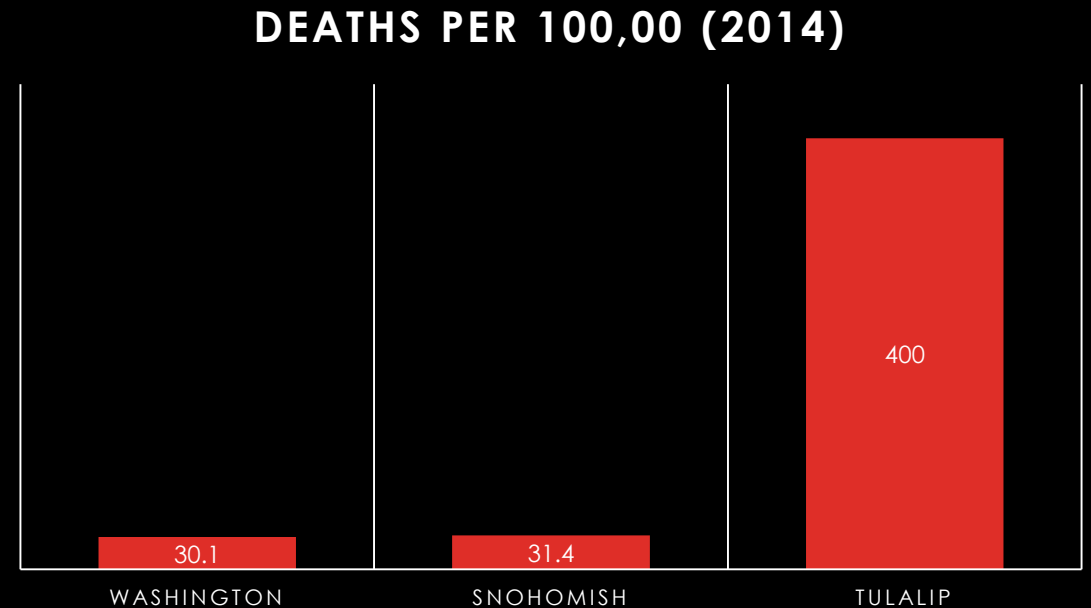


HEALING TO WELLNESS

DRUG AND ALCOHOL DEATHS

2014 Drug and Alcohol Mortality rates

Population	Deaths
Washington	30.1
Snohomish	31.4
Tulalip	400
Tulalip (4 yr)	390



TULALIP HEALING TO WELLNESS COURT

To provide the support and resources necessary for our clients to begin living sober lives and reconnect with their families, community, and culture.

What is a Healing to Wellness Court?

- **Tribal take on a state drug court model**
 - National Drug Court Institute. NDCI's tribal healing to wellness court planning initiative
 - Not just culturally competent – cultural & community focus
- **Research-based with accepted set of best practices**
 - Most statistically-effective method of working with drug and alcohol offenders
 - Uses incentives and short/quick sanctions to encourage compliance
 - Research and resources: <https://www.ndci.org/>
- **Uses case management, wrap-around services, and effective supervision to change behavior and lives**

NATIONAL DRUG COURT INSTITUTE MENTOR COURT SINCE 2019

- The National Drug Court Institute (NDCI) was formed in 1997 in response to a great need for standardized, evidence-based training and technical assistance as a result of the rapid expansion of problem-solving courts across the US.
- <https://www.ndci.org/resource/training/visit-a-mentor-court/tulalip-washington/>
- As a mentor court, we teach drug court best practices to existing state and tribal courts and teams who are working to establish new programs.

PARTICIPANT GROWTH

Trust

Honesty

Accountability



THE IMPORTANCE OF INCORPORATING CULTURE

- Restore identity – sense of loss, non-belonging
- Involves community – tribal member designed and delivered
- Promotes a healthy lifestyle and builds a positive self-image
- Compliments treatment services
- Incorporates history and language education
- Assists in preventing relapse

CULTURE

Program Requirements

- Cultural event monthly
- Integrations with cultural practices (e.g. smokehouse)
- Support groups (e.g. red road)
- Sweat lodge

Sanctions and program responses

- Chopping wood
- Assisting elders
- Community give back
- Assisting with ceremonies and funerals

COLLABORATION WITH OTHER COURTS

Past collaborations

- Brought state court proceeding into Wellness Court through bench probation/supervision agreement
- Collaborate on joint resolutions (involving dismissal or minimal jail time resolutions of state matters) to allow defendants to participate in wellness court

Joint jurisdiction court?

- Would allow us to address the substance abuse challenges of entire families/social groups
- Establish legal process to allow state courts to transfer jurisdiction or supervision to Tulalip for tribal members and/or reservation residents.

QUESTIONS?

